

Lunch and Dinner Menu

ENTREES

Add Small Caesar or Mixed Greens 4

MAC & CHEESE

Creamy Gruyere and Cheddar Cheese Sauce
With Grilled Chicken and Broccoli or Bacon and Green Chile 12

SALMON CAKES

Three Panko Crusted Salmon Cakes, Mixed Greens with Lemon Vinaigrette, Tarragon, Caper Tartar Sauce 14

MEATLOAF

Made with Grass-fed, Locally Raised *Double Check Ranch* Beef,
Served with Au Gratin Potatoes and Fresh Sautéed Vegetables
Choice of Mushroom Gravy or BBQ Sauce 14

LASAGNA BOLOGNESE and Garlic Bread

Ground Beef, Creamy Béchamel, Mozzarella Cheese and Home
Made Herbed Marinara Sauce 14

SPINACH LASAGNA and Garlic Bread

Three Cheeses and Herbed Marinara Sauce 13

LUNCH QUICHE Ask for Today's Selection

Fresh Fruit, Mixed Greens with Lemon Vinaigrette, French Roll 13

VEGETABLE STIR FRY

Zucchini, Yellow Squash, Bell Peppers, Broccoli, Carrots, Snow Peas,
Citrus Ginger Garlic Soy Sauce, Brown Rice, Almonds 11
Add Grilled Chicken 5 Add Tofu 4

POBLANO CHICKEN

Cajun Spiced or Grilled Boneless Chicken Breast with Poblano Cream
Sauce Served with Fresh Sautéed Vegetables and Black Beans 14

BLACKENED SALMON DINNER ENTRÉE

Pan Seared Filet with Cucumber Cream Sauce, Au Gratin Potatoes
and Fresh Sautéed Vegetables 21

BOWL of our FAMOUS HOMEMADE CHILI **Choice of Beef or Vegetarian**

Topped with Cheddar and Green Onion
Served with French Roll, Cornbread or Tortilla 7

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness

From Scratch Kitchen Since 1978

SALADS

BLACKENED SALMON CAESAR

Pan Seared Cajun Spiced Salmon Filet, Romaine, Parmesan Cheese,
Homemade Croutons 14

Substitute Grilled Chicken 12 **Plain Caesar** 8

ROASTED BEET SALAD

Red and Yellow Roasted Beets, Goat Cheese, Walnuts, Mandarin
Oranges, Spinach, Mixed Greens, Lemon Herb Vinaigrette 12
Add Grilled Chicken 5 Add Blackened Salmon 8

CHICKEN SALAD STUFFED AVOCADO

Mixed Greens with Lemon Vinaigrette, Fresh Fruit, and French Roll 14

BLUE WILLOW TOSTADA

Crispy Flour Tortilla, Pinto Beans, Shredded Lettuce, Cheddar Cheese,
Tomatoes, Green Onion, Sour Cream, Avocado, Salsa 13
Add Chicken or Chorizo 4 Add Jalapenos .50

SIDE MIXED GREENS 4

SANDWICHES

Served on Fresh Baked Telera Roll with Kettle Cooked Potato Chips
Substitute Mixed Greens or Fresh Fruit 2

CRANBERRY WALNUT CHICKEN SALAD Lettuce, Tomato 12

CHICKEN, BACON, SWISS

Blackened or Grilled Chicken Breast with Crispy Bacon, Swiss, Lettuce,
Tomato, Mayo 12

CARNITAS TORTA

Shredded Pork, Lettuce, Avocado, Roasted Tomatillo Sauce and Pickled
Red Onions 12

DESSERTS

Made from scratch and baked fresh daily

CHOCOLATE SOUR CREAM CAKE

Home Made Whipped Cream 6.5

CARROT CAKE

Cream Cheese Frosting and Almonds 6.5

HOME MADE PIE

Selection Varies Daily 5.5

Add Breyer's Vanilla Ice Cream to any Dessert 3